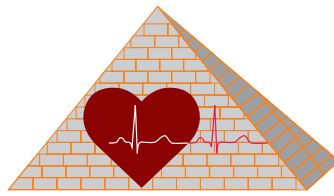
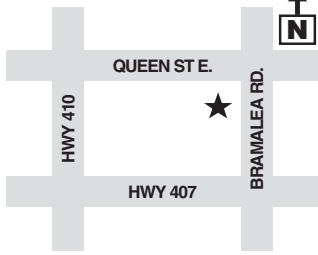


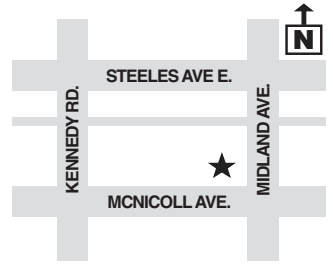
**Bramalea Location**



**BRAMALEA CARDIOLOGY**

501-18 Kensington Road, Brampton, ON L6T 4S5  
 Main Line: 905-497-8177 • Fax: 905-497-8277  
 110-385 Silver Star Blvd, Scarborough, ON M1V 0E3  
 Main Line: 416-242-2062 • Fax: 416-242-4347

**Scarborough Location**



PATIENT NAME: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_/\_\_\_\_/\_\_\_\_ / PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

HEALTH CARD #: \_\_\_\_\_ VERSION CODE \_\_\_\_\_

**CARDIOLOGIST**

- Dr. S.K. Mukherjee
- Dr. Natalie Gomperts
- Dr. Ali Kuny Kilany

**CARDIAC TESTING**

**Comprehensive Cardiac and stroke risk assessment**

- 2D Colour Doppler Echocardiography (ECHO)
- Treadmill Stress Echocardiogram (Stress Echo)
- Graded Exercise Test (GXT)  
(patient must be able to exercise)
- Cardiac Event Loop Recorder (ELR)
- Holter Monitor       48 hr.       72 hr.  
    14 Days       30 Days
- Electrocardiogram (ECG)
- Ambulatory Blood Pressure Monitor (ABPM)\*  
\*Not covered by OHIP

**INDICATIONS**

- Chest pain/known coronary artery disease
- Shortness of breath
- Cardiac Murmur/Valvular heart disease
- Palpitations/arrhythmia
- Stroke/TIA/Cardiac Source of Embolus
- Hypertension/Hypertensive heart disease
- Syncope/Recurrent presyncope
- Intermediate to high global CAD risk based on Framingham risk score
- Significant family history of coronary artery disease
- Assess functional capacity prior to structured exercise program (GXT)
- Other: \_\_\_\_\_

**CARDIOLOGY CONSULTATION**

- URGENT (1-2 WEEKS)**
- SEMI-URGENT (2-4 WEEKS)**
- CONSULTATION IF ABNORMAL TEST**

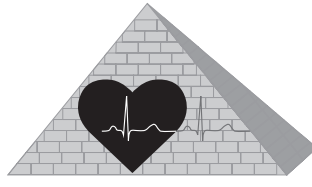
REASON FOR REFERRAL \_\_\_\_\_

**FOR REFERRING PHYSICIANS**

- Please send updated medications list.
- Please send latest lab results.
- Please send relevant cardiac testing done prior.

Send Copies To: \_\_\_\_\_

Physician's Signature: \_\_\_\_\_



BRAMALEA CARDIOLOGY

## INSTRUCTIONS

### **Please arrive 10 minutes prior to your appointment time**

- Bring your referral form for cardiac test.
- Bring your valid health card.
- Please provide us with 48 hours notice for cancellation.
- Please bring a complete list of your medications to all tests.

### **ECG**

Checks electrical activity of the heart.

**Duration: 5 - 10 minutes**

### **2D Colour Doppler Echocardiography**

Utilizes ultrasound waves to study the heart.

**Duration: 30 - 45 minutes**

### **Stress Exercise Test**

Involves walking and/or running on the treadmill.

Please wear comfortable shoes.

Do not eat 2 hours before test.

Women: a two-piece outfit is best. No dresses.

**Duration: 30 minutes**

### **Stress Echocardiogram**

Similar to exercise stress.

Addition of 2D Echo before and after exercise.

Involves walking and/or running on the treadmill.

Please wear comfortable shoes.

Women: a two-piece outfit is best. No dresses.

**Duration: 1 hour**

### **Holter Monitor**

Records cardiac activity for 24, 48 or 72 hours.

No shower during the Holter is on.

### **Cardiac Loop Event Recorder**

Records cardiac activity for one to two weeks.