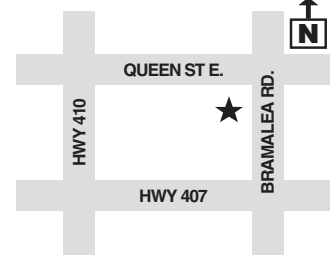


501-18 Kensington Road, Brampton, ON L6T 4S5  
Main Line: 905-497-8177 • Fax: 905-497-8277

**Bramalea Location**



**BRAMALEA CARDIOLOGY**

PATIENT NAME: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_/\_\_\_\_/\_\_\_\_ / PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

HEALTH CARD #: \_\_\_\_\_ VERSION CODE \_\_\_\_\_

**CARDIOLOGISTS/  
INTERNAL MEDICINE**

- Dr. Ali Kuny Kilany
- Dr. S.K. Mukherjee
- Dr. Natalie Gomperts
- Dr. Tasnim Vira
- Dr. Sudip Datta
- Dr. Khaled Shelig
- Dr. Syed Hussaini
- Dr. Damian Redfearn
- Dr. Wael Elabbassi
- Dr. Wael Abuzeid
- Dr. Omar Rodwan
- Dr. Abdurahman Emsalem
- Dr. Orzu Yuldasheva
- Dr. Umida Burkhanova
- First Available

**CARDIAC TESTING**

- 2D Colour Doppler Echocardiography (ECHO)
  - With Contrast**
- Treadmill Stress Echocardiogram (Stress Echo)
  - With Contrast**
- Echocardiogram
  - With Saline "Bubble Study"**  
(To assess for inter-atrial shunt (PFO/ASD))
- Graded Exercise Test (GXT)
- Holter Monitor
  - 48 hr.     72 hr.
  - 14 Days     30 Days
- Electrocardiogram (ECG)
- Ambulatory Blood Pressure Monitor (ABPM)\*  
\*Not covered by OHIP

**INDICATIONS**

- Palpitations/arrhythmia
- Stroke/TIA/Cardiac Source of Embolus
- Cardiac Murmur/Valvular heart disease
- Shortness of breath
- Chest pain/known coronary artery disease
- Hypertension/Hypertensive heart disease
- Syncope/Recurrent presyncope
- Intermediate to high global CAD risk based on Framingham risk score
- Significant family history of coronary artery disease
- Assess functional capacity prior to structured exercise program (GXT)

Other \_\_\_\_\_

**CARDIOLOGY CONSULTATION**

- URGENT (1-2 WEEKS)**
- SEMI-URGENT (2-4 WEEKS)**

REASON FOR REFERRAL \_\_\_\_\_

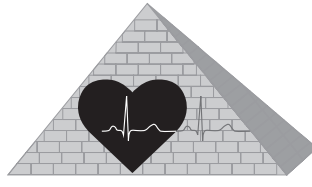
**ALL ABNORMAL TESTS WILL AUTOMATICALLY BE CONSULTED IMMEDIATELY**

**FOR REFERRING PHYSICIANS**

- Please send updated medications list.
- Please send latest lab results.
- Please send relevant cardiac testing done prior.

Send Copies To: \_\_\_\_\_

Physician's Signature: \_\_\_\_\_



BRAMALEA CARDIOLOGY

## INSTRUCTIONS

### **Please arrive 10 minutes prior to your appointment time**

- Bring your referral form for cardiac test.
- Bring your valid health card.
- Please provide us with 48 hours notice for cancellation.
- Please bring a complete list of your medications to all tests.

### **ECG**

Checks electrical activity of the heart.

**Duration: 5 - 10 minutes**

### **2D Colour Doppler Echocardiography**

Utilizes ultrasound waves to study the heart.

**Duration: 30 - 45 minutes**

### **Stress Exercise Test**

Involves walking and/or running on the treadmill.

Please wear comfortable shoes.

Do not eat 2 hours before test.

Women: a two-piece outfit is best. No dresses.

**Duration: 30 minutes**

### **Stress Echocardiogram**

Similar to exercise stress.

Addition of 2D Echo before and after exercise.

Involves walking and/or running on the treadmill.

Please wear comfortable shoes.

Women: a two-piece outfit is best. No dresses.

**Duration: 1 hour**

### **Holter Monitor**

Records cardiac activity for 24, 48 or 72 hours.

No shower during the Holter is on.